

What If ??????????

There's someone in your group that keeps sharing the same prayer request each week. They always ask for help with controlling their anger with their kids. They've memorized some verses that remind them they should not get angry and lose their temper, but they still do. Each week seems to be a confession time for the same sin all over again, and they don't seem to be making any progress. They finally call you later that week and say, "I just blew it again. I yelled at my child and threw a spoonful of batter I was working on at her. What should I do? I feel stuck in this sin. Where is the way out?"

You have 5 minutes to decide how you should proceed and you *must* have at least one verse to motivate / guide your decision.

- What does the Bible say about anger? Is it always a sin?
- What is sinful anger a sign of? And where should the root work start?
- What are some of the most common reasons behind a sinful pattern of anger? How do 'Idols of the heart' and personal 'rights' factor into the continual pattern of sinful anger?
- How would you direct her to begin to overcome these struggles and to walk in freedom?
- How would you give her hope? What Scriptures would you use?