

# Workshops I Teach

*Brad Bigney*

## Fundamentals

Biblical Sexuality

Building Involvement

Comparison of Counseling Philosophies

Guilt and Repentance

Getting to the Heart

Give Hope

Forgiveness

Purpose of Marriage

Role of the Husband and Wife (Combined)

Or...

Role of the Husband

Role of the Wife

The Need for Biblical Counseling and the Definition of Biblical Counseling

Trials & Suffering

Walking in the Light (I John 1) – A Good Counselor is First a Good Counselee

What Makes Biblical Counseling Biblical?

Worry & Fear

## Advanced

### **Anxiety:**

A Closer Look at Anxiety (Phil. 4 and I Pt. 5) **New!**

Godly Concern vs. Sinful Worry – What's the Difference? **New!**

Complaining: How to Keep Biblical Sorrow from Slipping into Sinful Complaining

Conflict - Understanding, Avoiding, Growing through Conflict (2 Parts)

Conflict: Have Convictions But Pursue Love (Romans 14)

### **Equipping and Sharpening Churches and Counselors:**

Are We There Yet? Knowing When to Graduate Your Counselee **New!**

Back to Grace - How to Counsel without Making your Counselee a Pharisee

Counselors Should be Good Theologians  
Grace – the Missing Ingredient for Real and Lasting Change  
Growing Counseling in the Local Church  
Making Much of God in Counseling (Counseling to the Glory of God)  
Making the Most of Homework (My Favorite Resources and Approach)  
Ministry for a Lifetime: Keeping the Main Thing the Main Thing  
Most Common Diagrams I Use in Counseling – Part 1  
Most Common Diagrams I Use in Counseling – Part 2  
Staying Alive - Sorting out the Perils and Pitfalls of Ministry at Close Range  
What I've Sharpened or Changed After 30 Years of Counseling **New!**

### **Idols of the Heart | Lasting Change:**

Getting to the Heart of Real Change (Prov. 4:23)  
Idols: Getting to the Heart of Why I Do What I Do (Can be 1 or 2 parts)  
Gospel Treason (Idols) – 5 parts

- What Does God Know about My Heart?
- Why is the Heart Such a Big Deal?
- How Do I Look for Idols in My Heart?
- How Do Idols Wreck My Relationships?
- What Would an Idol-Free Life Look Like?

Helping the Doubt-Filled Counselee **New!**

Helping Your Counselee to Confess But Not Obsess Over Their Sin **New!**  
(Overcoming Low-Grade Condemnation)

Leading People to the Goodness of God in Counseling (Can be 1 or 2 parts)

Let God be God: God is sovereign over suffering and evil

### **Marriage:**

Getting a Marriage Unstuck: The Right Focus and Practical Steps for Real Change **New!**

Marriage Counseling Template (Basic Elements I Always Use)

Marriage – Key to Reviving Broken or Stagnant Marriage

Overcoming the Guilt of a Sin-filled past

### **Parenting:**

Desperate Parents Make the Best Parents

Hope and Help for Hurting Parents (2 Parts)

Parenting Redeemed by the Gospel

Passion for Christ in our Fight Against Sin (Titus 2:11-14)

**Prayer:**

Fasting for Spiritual Breakthroughs in Counseling

Prayer - Tapping into the Real Power for Change

Unanswered Prayer: Why Don't All My Prayers Get Answered?

Pride - Killing Pride and Cultivating Humility

Sexual Temptation: Resisting or Rebuilding in Aftermath of Failure

**Suffering:**

Doubting the Goodness of God (Psalm 73)

Feeling Abandoned by God (Psalm 88)

God's Grace in a Season of Suffering – Brad & Vicki Testimony Talk **New!**

Shattered: Suffering Through the Eyes of Job

What to Say When it Can't Be Fixed (Isaiah 40)