

## **Top Counseling Resources I Use the Most**

### **1. Early in the Counseling Process**

- “Christ and Your Problems” – Adams, booklet
- “What to Do When Your Marriage Goes Sour” – Adams, pamphlet
- “The Unrepenting Repenter” – Jim Elliff ([www.ccwonline.org](http://www.ccwonline.org))
- “Marriage – Whose Dream?” – Paul Tripp, booklet
- Evangelism / Gospel
  - Children – “Eaglet Story” - Jim Elliff ([www.ccwonline.org](http://www.ccwonline.org))
  - “The Real Thing” – Philip Tait, booklet
  - “How Good is Good Enough?” – Andy Stanley, booklet
  - “Two Roads” – Matthias Media, tract
  - “Two Ways to Live” – Matthias Media, pamphlet Bible study
  - “Ultimate Questions” – John Blanchard, booklet

### **2. Middle of the Counseling Process**

- “Five Critical Steps to Change” – James MacDonald, booklet
- “Forgiving Others” – Tim Lane, booklet
- “I Just Can’t Forgive Myself” – Robert Jones, booklet
- “Bitterness – the Root that Pollutes” – Lou Priolo, booklet, P&R
- “Pride to Humility” – Stuart Scott, booklet
- “Communication & Conflict” – Stuart Scott, booklet
- “Temptation – Applying Radical Amputation to Sinful Patterns” – Jay Adams, booklet, P&R
- Conflict – Tim Lane, booklet
- Valley of Vision (collection of Puritan prayers) - book

### **3. Towards the End of the Counseling Process**

- Changing Your Thought Patterns – George Sanchez, booklet, Nav Press
- Renewing Marital Intimacy – Powlison, booklet
- Motives – Ed Welch, booklet
- Gospel Treason – Bigney, book

#### **4. Graduation / End of Counseling**

- Set up a prayer journal
- Gospel Primer – Milton Vincent, book
- Godliness Through Discipline – Jay Adams, booklet
- Assign a book to read and then meet for a 3 mos. ‘Check-Up’
  - “Complete Husband” – Priolo, book
  - “Excellent Wife” – Peace, book
  - “Created to be His Helper” – Debi Pearl, book
  - “When Sinners Say ‘I Do’” – Dave Harvey, book
  - “Sacred Marriage” – Gary Thomas, book
  - “The Meaning of Marriage” – Timothy Keller, book
  - “This Momentary Marriage” – Piper, book

#### **5. Specific Issues**

- **Divorce or Threat of Divorce**
  - “Divorce” – Lou Priolo, booklet
  - “How to Save Your Marriage Alone” – Ed Wheat, small book
  - “How to Act Right When Your Spouse Acts Wrong” – Leslie Vernick, book
  - “You’re Divorce – Now What?” – Amy Baker, booklet
- **Worry & Fear**
  - “Worry” – Powlison, booklet
  - “Fear Factor” – Mack, workbook
  - “When People are Big & God is Small” – Welch, book
  - “People Pleasing” – Lou Priolo, book
- **Addictions**
  - “Addictions - A Banquet in the Grave” – Ed Welch, book
  - “Just One More” – Welch, booklet
  - “New Wine” – Setting Captives Free, workbook (60 day interactive course) [www.settingcaptivesfree.com/courses/new-wine](http://www.settingcaptivesfree.com/courses/new-wine)
  - “Divine Intervention – Hope and Help for Families of Addicts” – Mark Shaw
- **Trials / Suffering / Self-Pity**
  - “Suffering – Eternity Makes the Difference” – Tripp, booklet

- “Thankfulness Even When It Hurts” – Susan Lutz, booklet
- “You Can Trust God” – Bridges, booklet
- “Trusting God – Even When Life Hurts” – Bridges, study guide
- “The Attitude of Gratitude” – Nancy Leigh DeMoss, booklet
- “Down But Not Out” – Wayne Mack, book (unpacking 2 Cor. 4)
- **Sex**
  - “Intended for Pleasure” – Ed Wheat, book
  - “Biblical Principles of Sex” – Dr. Bob Smith, small book
  - “Sex, Romance, & the Glory of God” – C.J. Mahaney, small book (for men)
  - “Intimate Issues” – Linda Dillow, book (for women)
- **Sexual Sin**
  - Pure Life Ministries – counseling (Overcomers at Home)  
[www.purelifeministries.org](http://www.purelifeministries.org)
  - Way of Purity – workbook (60 day course) [www.settingcaptivesfree.com/courses/way-of-purity](http://www.settingcaptivesfree.com/courses/way-of-purity)
- **Death / Grief**
  - “When a Christian Spouse Dies” – Jay Adams, booklet
  - “Grief” – Paul Tripp, booklet
  - “Through Tears to Triumph” – Stephenson, book
  - “Safe in the Arms of God” – MacArthur, book (death of baby)
- **Parenting**
  - “Heart of Anger” – Lou Priolo, book
  - “Faithful Parents” – Stuart Scott, book
  - “Never Stop Being a Parent” – Newheiser/Fitzpatrick, book
  - “When Good Kids Make Bad Choices” – Newheiser, book
  - “Come Back Barbara” – Miller