

Are You a Numb Christian?

If you stop living by grace you'll morph into something radically different than a joyful, Spirit-filled Christ-follower.

The numb Christian is numb from relentlessly striving on the treadmill of 'If I don't keep doing all this Christian stuff without stumbling God won't love me.'

Wayne Brown describes it this way...

"The numb Christian is numb, not because he doesn't know what to do, but because he has done and done until he feels completely undone. Believing that he must either get on board with the industrious perfecting of his faith or resign himself to the fact that he just doesn't have what it takes to dance the industrious dance, he becomes either disheartened or cynical. Hanging his weary head, or perhaps steeling his cynical jaw, he goes through the agonizing motions of faith. With faith's imaginative nerve effectively severed, he lives a half-throttle life.

All said, the truly passionate person is fully alive-here, now. She greets each day with the abundant, unedited joy, pain, and intrigue of her existence.

In contrast, both industrious and numb Christians seem far too distracted with straining to get to a place where they are not than with being fully present in the place where they are, more concerned with producing for and getting from God than with laying bare the chambers of their hearts." *Water from Stone*, M. Wayne Brown, Page 32 & 33

- In what ways have you been living a half-throttle life?
- How do you think this half-throttle lifestyle has played into your pattern of turning again and again to sin and despair?
- In what way(s) do you think you've lost sight of grace?
- How well do you think you've understood the role of grace for your daily Christian life? Describe your understanding of what role God's grace plays in our daily Christian living?